

**WHAT TO BRING TO CAMP**  
**LABEL ALL WITH PERMANENT MARKER**

**PACKING**

- Have your child pack so he/she is aware of the items in the suitcase or trunk.
- You might want to tape a list to the suitcase or trunk lid.

Camper's enjoy receiving a cheerful letter from home. Please write early in the week.

**Camper Mailing Address:**

Camper's Name  
Cabin Name (if known)  
Windham-Tolland 4-H Camp  
326 Taft Pond Road  
Pomfret Center, CT 06259

- Campers will be assigned to cabins by age.
- Cabins do not have electricity.  
Staff members live in and supervise each cabin.

**CLOTHING IDENTIFICATION**

Please mark the camper's name clearly on everything with a permanent marker.

Do not send expensive clothing or other personal belongings to camp.

**RESIDENT CAMPERS/TEEN LEADERS**

- Sleeping bag (preferred) OR sheets & 2 blankets rolled into a bedroll and tied
- Pillow and pillow case
- Sheet (bottom)
- Shower shoes
- Towels for shower & swimming (3),
- Washcloth (3)
- Toothbrush, toothpaste, soap, deodorant, cup
- Personal care needs
- Mesh bag or plastic bucket for carrying toiletries
- **CANTEEN OR PLASTIC WATER BOTTLE (MUST)**
- **SUNSCREEN & INSECT REPELLENT (NO AEROSOL SPRAYS)**
- Jeans or long pants (2)
- Shorts (5)
- Shirts (5)
- Socks (7), Underwear (7), Pajamas (1)
- Rain Gear
- Bathing suit (2)
- Cap, hat, or visor
- Sweatshirt, sweater, and/or jacket
- 2 Pairs of shoes or sneakers (**NO SANDALS**)
- Flashlight
- Small backpack or string bag
- Writing paper, pen, stamps, fresh water fishing rod, disposable camera marked with camper's name (Optional)
- **NICE CLOTHES FOR CAMP DANCE**

**DAY CAMPERS**

Day campers should dress for the weather each day and bring the following:

- Bathing suit, towel & sneakers
- Light Jacket or sweatshirt
- Rain Gear
- Cap, hat, or visor
- Extra pair of sneakers (**NO SANDALS**)
- **CANTEEN OR PLASTIC WATER BOTTLE (A MUST)**
- Sunscreen & Insect Repellent (**NO AEROSOL SPRAYS**)
- Small backpack or string bag
- Fresh water fishing rod, disposable camera marked with camper's name (Optional)

**HORSEBACK RIDING - WHAT TO BRING**

- **Long pants required** -- jeans or riding pants preferred.
- Riding boots or hard-soled shoes with heels for riding required.
- We will provide safety helmets for riders who do not own them.

**RESIDENT CLOVERS**

- Sleeping bag (preferred) OR sheets & 2 blankets rolled into a bedroll and tied
- Pillow and pillow case
- Sheet (bottom)
- Shower shoes
- Towels for shower & swimming (2),
- Washcloth (1)
- Toothbrush, toothpaste, soap, deodorant, cup
- Mesh bag or plastic bucket for carrying toiletries
- **CANTEEN OR PLASTIC WATER BOTTLE (A MUST)**
- Sunscreen & Insect Repellent (**NO AEROSOL SPRAYS**)
- Jeans or long pants (1)
- Shorts (2-3)
- Shirts (2-3)
- Socks (2-3), Underwear (2-3), Pajamas (1)
- Rain Gear
- Bathing suit (2)
- Cap, hat, or visor
- Sweatshirt, sweater, and/or jacket
- 2 Pairs of shoes or sneakers (**NO SANDALS**)
- Flashlight
- Small backpack or string bag
- Writing paper, pen, stamps, fresh water fishing rod, disposable camera marked with camper's name (Optional)
- **NICE CLOTHES FOR CAMP DANCE FOR CLOVERS STAYING WEDNESDAY THRU FRIDAY.**

**DO NOT BRING OR MAIL - THE FOLLOWING**  
**APPLY ALL CAMPER**

- **NO FOOD, CANDY OR BEVERAGE IS ALLOWED TO BE BROUGHT/MAILED ONTO THE PREMISES**
- **NO bikinis or thongs or inappropriate revealing clothing**
- **NO open-toed shoes or sandals**
- **NO aerosol sprays**
- **NO hair dryers/curling irons,**
- **NO knives or matches**
- **NO electronic equipment such as: cell phones, CD players, MP3 players, iPods, video games, radios, Kindles, Nooks or other e-readers.**
- **If brought to camp, these items will be confiscated for the duration of the camp session.**

**MEDICATIONS**

- **ALL** prescription medications must be in their original container with the name of the child, name of the drug, prescribed dosage, and name of the prescribing doctor on the label.
- All medications must be given to the Health Director with a completed **Form E** signed by a physician **and** parent/guardian for both prescribed medications **and** over the counter medications when the camper arrives at camp.
- **ALL** medications (including TL meds) **must** go home on weekends.

**PHONE CALLS/VISITORS**

- Campers will only be allowed to make or receive phone calls at the discretion of the Camp Director.
- Of course, in an emergency, parents may call the camp at (860) 974-1122.
- Campers are not allowed to have visitors during the camp season.

**SIGN-OUT**

- At the close of all sessions, the person picking up each camper will be asked to sign their camper out. See counselor for sign-out sheet.
- Prior permission must be obtained from the Camp Director if someone other than a parent will be picking up the camper.
- **Be sure to pick up medications and check the "Lost & Found" before leaving.**

**INTENTIONAL DAMAGE**

To camp facilities, including graffiti by a camper, will be the responsibility of the parent or guardian. A fair estimate will be assessed to repair the damage.

**DIRECTIONS TO CAMP**

Windham-Tolland 4-H Camp is located at 326 Taft Pond Rd, Pomfret Center, CT- Check a Connecticut map for the shortest route to the junction of Routes 97 and 44 in Pomfret or visit our website [www.4hcampct.org](http://www.4hcampct.org). Taft Pond Road is the first left on Route #97 North from the junction. Follow the 4-H signs to the camp located approximately 1 1/2 miles on the left.

**BUNKING POLICY**

We at Windham-Tolland 4-H Camp believe your child will have the best camping experience bunking with 7 new friends. For this reason, we strongly prefer them to bunk with new friends. **However, if you feel a necessity for your child to bunk with a friend of the same age, please list one friend's name and age. Both friends must request each other.**

**4-H PLEDGE**

***I PLEDGE MY HEAD TO CLEARER  
THINKING,  
MY HEART TO GREATER LOYALTY,  
MY HANDS TO LARGER SERVICE,  
AND  
MY HEALTH TO BETTER LIVING  
FOR MY CLUB, MY COMMUNITY,  
MY COUNTRY AND MY WORLD***

**4-H MOTTO**

**"TO MAKE THE BEST BETTER"**