# Windham-Tolland 4-H Camp



## Low Ropes Level 1 Facilitator Training

The Low Ropes Training focuses on safety, teambuilding, group dynamics, integration and participation. This 16 hour course covers Initiatives, Low Elements, Spotting Skills, Leadership, learning about facilitation techniques, gaming strategies, safety, and processing debriefs. Each Trainee will pass a series of skills tests and pass a Written Exam.

#### When:

May 31- June 1 Friday 4pm - 9pm Saturday 8am – 9pm **Cost:** \$135.00

#### Who can participate?

The training is designed for current or former ropes course facilitators

#### What are the Benefits?

- Receive 16 clock hours
- After successful completion of the training, Trainees will receive Level 1 Certification.

# For details and registration, please contact: Heather Logee

Breakfast, Lunch, Dinner and Snacks Included

Training will be held at Windham-Tolland 4H Camp 326 Taft Pond RD Pomfret, CT 06259

### Windham-Tolland 4-H Camp Low Ropes Level 1 Facilitator Training Registration Form 2024

| Name                   |                   | - |
|------------------------|-------------------|---|
| Camp Name              |                   | _ |
| Camp Address           |                   | _ |
|                        |                   | _ |
| Camp Phone Number      | Your Phone Number |   |
| Email Address:         |                   |   |
| Emergency Contact Name | Phone #           |   |
| Dietary Needs          |                   |   |
|                        |                   |   |

Please Include a Check for \$135.00 Payable to Windham-Tolland 4-H Camp

Send Registrations to: Windham-Tolland 4-H Camp

Attn: Camp Director 326 Taft Pond Rd Pomfret, CT 06259